

Tuesday, July 22, 2008

The Healing is Hard

For many who know me offline as well as on, know I got attacked by my new neighbors chow/mix dog on June 28th. I have recovered well as far as the injuries go, but the scars and the mental aspect of it still lingers. I wanted to share with those who read my blog, some of the photos I have been taking throughout my healing process. These are a bit graphic, so please view with caution.

With physical therapy, time and patience, I should have full use of my middle finger in about 6 months. Everything in my life has changed. Simple things even. Pulling my hair back, washing my hair, loading and uploading the dryer, my yoga, my driving, the simple things you go to grab, I can not do at this point but, I am gaining strength everyday. I notice I can do some things better than I could do the day before. Mentally it is hard for me, especially when I look down at my scars, but that too will pass with time.

Wish I could take something stronger than ibuprofen for the pain, but that's all I can take according to my doctor. And this Cephelexin makes me feel ill. But, in time this too shall pass. Right?.....Sigh!

Posted by Shelly Hardage-Wilkerson in ~Photos~ at 21:34